

JOIN THE MOVEMENT

TEMPLATE COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's latest guidance.

| Our club name: Ongar NC | Our COVID-19 Officer is: Olivia Guckian |
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| Name of activity: netball | This activity takes place at: The Ongar Academy |
| Who is carrying out this assessment? Olivia Guckian | We will review this risk assessment: every week |
| Date of the Risk Assessment 30/10/20 | |

| What are the Risks? | Who might they affect? | General controls to be put in place | Activity specific controls to be put in place | Who will be responsible to action? | When does it need to be actioned by? | Is it complete? |
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| For some people, the risk of COVID-19 is higher | Players, coaches, officials, volunteers, parents | High risks groups are aware of the risks involved in netball and have access to the personal risk assessment Participants have the choice if they would like to attend sessions and 'opt in' to activity | All government guidance will adhered to, all members will be signposted to latest guidance and all government updates will be disseminated to participants in a timely manner | Covid team/committee | /11/2020 | ongoing |
| | | There is no pressure from coaches, club volunteers or other players to join Netball training sessions | Opt in form to be signed prior to first training session | | 14/9/20 | |
| Someone returns to soon | Players | Players are aware of the risks of exercising post a case of COVID-19. | All participants will be reminded of their responsibility to seek medical advice and to adhere to government | Covid team/committee | 7/9/20 | |

| following a case of COVID-19 | | Players advised to follow the advice of their GP or Consultant | guidance in terms of isolation expectations. The club will make it clear it will not allow a player to return before the self isolation has been completed as per government guidance | | | |
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| Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms | Players, coaches, officials, volunteers, parents | Provide clear information to all members of potential COVID-19 symptoms Ensure pre-travel health screening is undertaken prior to travelling to activity Undertaken a further health screening before entry into session Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119 | All information will be provided by email with signposting for government guidance All members will be advised of current government travel guidance and pre health check will be sent via email prior to commencement of training. Each player will be advised to follow government guidance on selfisolation and advised to take a test. | Covid team/committee | 14/9/20 | |
| Transport to and from activity | Players, coaches, officials, volunteers, parents | Car sharing outside of household is not permitted Adherence to Government guidance on travel and public transport | Prior to training commencing- an email will be sent with all the current guidance and legal expectations on travelling to and from the training venue | Covid team/committee | ongoing | |
| Droplet transmission | Players, coaches, officials, volunteers, parents, members of public at venue | Gaps scheduled between groups Maximum of 30 people per netball court (inc players and coaches/volunteers/officials) If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court | Regular breaks will be implemented into training schedules as per EN advice. Full size courts are available and social distancing is able to be maintained- All participants will be reminded with posters and verbal reinforcement to maintain 2m and | Covid team/committee | ongoing | |

| Fomite transmission via surfaces | Players, coaches, officials, | Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any | All post are fitted via venue- | Covid team/committee | ongoing | |
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| | | One way systems in place to manage entry and exit onto court Signage and floor marking in place. Name & contact detail of anyone in attendance collected/processed for Test and Trace purposes (stored for minimum 21 days in line with Data Protection Act 2018 and GDPR principles) All netball activity uses COVID-19 rule modifications Beginner players continuously reminded of modifications Circle players reminded more regularly Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible. Parents and spectators remain socially distanced and gather in groups of no more than six Shouting is not permitted. | and this information will be reiterated prior to each training session upon arrival Posters will be in place to provide clear information on the one way system on entering the venue and leaving the venue- this will be reiterated via email Track and trace system will be in place and comply with GDPR principles EN modification will be sent to all members prior to training. Coaches will reinforce this at start of each training session and during play This will be reinforced upon arrival and will be allocated seating area. This will be reinforced via email and at entry into the venue | | | |
| | | Reminders to maintain social distancing on arrival at venue Congregating before or after netball training session is not permitted. | where the player is not in play to maintain distance from other non-players and wear a mask. Covid officers will be monitoring | | | |

| in venue | volunteers, parents, members of public at venue | other large equipment items used at the facility such as tennis post and football goals) Confirm with venue operator rigorous and regular cleaning processes are in place. Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place Regular disinfection of such heavily used areas Ensure that venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility. | Venue risk assessment reviewed and plans are in place to facilitate this. Club will clean and sanitise during training as above As per their risk assessment. robust plans are in place | | | |
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| Fomite transmission via equipment | Players, coaches, officials, volunteers and parents | Hand hygiene protocols in place prior to attendance and upon arrival Encourage players to bring their own ball if possible Hand sanitiser and wipes to be available during sessions All equipment including posts to be sanitised before and after each training sessions Bibs washed prior to each sessions and not shared if possible Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes | The Covid team will implement the sanitisation of all equipment as per guidance. Hand gel and signage will be in place at every training session. Players will be asked to wash hands regularly. Sharing of water bottles will not be permitted at any time. | Covid team/committee | ongoing | |

| Airborne transmission | Players, coaches, officials, volunteers and parents | Sanitise post if players touches before play resumes Water bottles and whistles must not be shared and any left at end of session should be disposed of Suitable waste facilities available to dispose wipes and sanitisation materials Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow. If indoor facilities are the only available option, the following must be in place; Adequate ventilation - a target ventilation rate of 201/s/p is achieved. Ventilation systems to provide 100% fresh air, not re-circulated air from space to space. Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider | All training to be conducted outside - there are no plans as yet to undertake training inside. | Covid team/committee | 11/9/20 | |
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| | | Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed | | | | |
| Activity and | Players, | Sessions are planned with Stage 4 rule | Full adherence to the guidance will | Covid | ongoing | |
| common | coaches, | modifications including warm ups and small | be followed. All modifications will | team/committee | | |
| netball | officials, | sided games | be reinforced at every training | | | |
| | , , , | sided gaines | , | | | |
| netball behaviours | volunteers and | sided games | session and throughout the session | | | |

| | parents | At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules | on a regular basis. | | | |
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| | | Modifications and non permitted common netball behaviours are communicated prior to activity commencing Players are briefed again at the beginning of sessions | Each Captain will also reinforce during play with the coach and covid officers | | | |
| | | Beginner players and circle players are prompted more frequently Activity is planned appropriately after a substantial break from the game to reduce risk of injury | Coaches will plan their sessions in line with the risk of injury and plan their sessions in order to mitigate this risk | | | |
| Junior players and vulnerable adults | Junior players, vulnerable adults, parents of junior players and/or vulnerable adults | Clear and regular reminders of rule modifications during session Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's) Practices and coaching aids to demonstrate required distances | Coaches and covid officers will give information prior to play and regularly throughout play Coaches will spend time explaining new modifications and first session will be based around the new ways of play in order to practice new | Covid team/committee | ongoing | |
| | | Use of assistant coaches and other adults to remind junior players | modifications and distancing | | | |
| Toilets and changing rooms | Players, coaches, officials, volunteers and | Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly | Risk assessment is in place by venue. | Covid team/committee | 14/9/20 | |
| | parents | Players arrive ready to play, use of changing | Posters will be sent via email and | | | |

| | | room is not permitted | will be reinforced by committee | | | |
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| | | Thorough hand washing after use of toilet facilities is encouraged | | | | |
| | | Hand sanitiser to be available on courts so use of toilets is not needed for hand washing | | | | |
| An injury is sustained whilst social distancing is in place | Players, coaches, officials, first aider | Hands to be sanitised before and after First aid to be administered with non- surgical face mask and gloves Follow guidance as per St Johns Ambulance Complete accident form Ensure any waste is disposed of safely | Hand sanitising station will be available on each court. PPE will be worn as per guidance. Full injury procedures will be implemented as per club protocol Players will be asked to take any of their own waste and dispose of it safely | Covid team/committee/f irst aider | ongoing | |
| Breaches to Government and England Netball guidance | Players, coaches, officials, volunteers and parents | Information shared in advance to avoid unintentional breaches Player reminders in place Persistent, intentional breaches dealt with via club disciplinary process Review activities after each session to identify any further adaptions that are required If activity cannot be safely managed, cease activity | All information will be sent via email and upon arrival this will be reinforced. Breaches will be in line with our disciplinary process Committee will invite feedback from all attendees and will monitor if any adaptations are required- the session will be discontinued if safety cannot be maintained. | Covid team/committee | | |